

# I am creating the life of my dreams



- **Growth is on the edge of your comfort zone**
- **Live in a different city or country**
- **Don't hold grudges, it's like drinking poison and expecting the other person to die**
- **Learn to cook (even if it's simple)**
- **Health is real wealth**
- **Spend time with your parents**
- **Learn about your finances**
- **Take responsibility for your life, you can make things happen**
- **There's no such thing as the perfect time, do things imperfectly today.**
- **Experiencing heartbreak is not the end of the world**
- **Do something that scares you**
- **Dedicate time to be creative**
- **Don't be afraid to change directions in life**
- **Pursue what your soul wants, not what others tell you**
- **Connect with the analogue world**
- **Practice self care**
- **Live more sustainably**
- **Volunteer for a cause you care about**
- **Read more**
- **Travel as much as you can**
- **Be comfortable in your own company**
- **Make friends from different walks of life**
- **Cherish experiences over things**
- **Practice a consistent skin-care routine**
- **Don't apologise for something that isn't your fault.**
- **Develop an abundance mindset**
- **How to gracefully say no**
- **Learn how to be more disciplined**
- **Take a sabbatical**
- **Everyone's timeline is different, enjoy your journey.**